



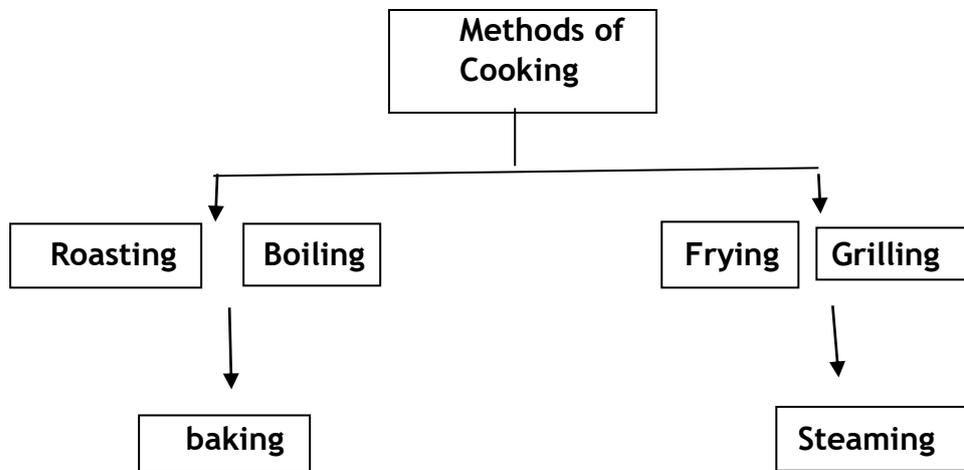
Class - III EVS October Month Notes

11. Cooking and Eating

I. Know These Terms:

1. Skewer - A long piece of wood or metal used for holding pieces of food together while cooking.
2. Infant - A very young child or baby.

II. Complete the flow chart :



III. Answer the following Questions:

1. Why do we cook some food items?

We cook some food items to make food soft, tasty and easy to chew and digest.

2. What are the advantages of eating together in a family?

There are many advantages of eating together as a family which are as follows.

- It is fun to eat together
- It gives a feeling of togetherness.
- It is the time when we can discuss all that happened during the day with other family members.

3. What kind of food do infants and small children need?

Infants need only milk to drink and small children need less spicy food with more protein in it.

## 12. Our Houses

### I. Know These Terms :

1. **Cooperate** - To act or work with another or others.
2. **Wire mesh** - A network of fine wires.
3. **Festoons** - A chain of things like lights, coloured paper, flowers and leaves.
4. **Travel trailer** - A vehicle without an engine that can be pulled by another vehicle.

### II. Give reasons for the following:

#### 1. Houses in places like Assam are built on stilts.

Houses in places like Assam are built on stilts because it rains a lot in Assam. These houses are made of wood and have slanting roofs for rainwater to slide down easily. The stilts keep the houses above the ground and protect them and people from floods, insects and other animals.

#### 2. All houses should have boundary walls.

All houses should have boundary walls to stop stray animals from entering the house.

#### 3. Doors and windows in a house should have wire mesh.

Wire mesh helps to prevent flies and mosquitoes from entering the house. That is why, doors and windows in a house should have wire mesh.

### III. Answer the following questions:

#### 1. Why do we need a house?

We need a house for the following reasons.

- To stay in with our loved ones comfortably.
- To protect us from the changing weather like heat, cold, rain, and strong winds.
- To prevent robbers, animals, insects and pests from harming us.
- To keep our belongings like clothes, books, jewellery, and utensils.

#### 2. Why does a house need doors and windows?

A house needs doors and windows to allow fresh air and sunlight to come in. Sunlight is essential to kill germs and fresh air is important to maintain the air quality in our house.

**3. Write two differences between kutcha house and a pukka house.**

| Kutcha house   | Pukka house   |
|--|---|
| <ul style="list-style-type: none"><li data-bbox="240 394 815 461">• Kutcha houses are made of bamboo, mud and straw.</li></ul>                                       | Pukka houses are made up of cement, bricks, iron, steel, and many other things. |
| <ul style="list-style-type: none"><li data-bbox="240 609 815 719">• Kutcha houses are not strong and can be easily broken and blow away by storm and rain.</li></ul> | Pukka houses are strong and are not affected by storms and heavy rains.         |

**4. Why do neighbours need to live together?**

Neighbours need to live together because families living nearby depend on each other for many things. They help each other and co-operate in times of need.